

New Life Christian Fellowship

Is life a battle? Have fear, depression or stress taken control of you?

God gives us the armour to face the fight (read Ephesians 6:10-18 in the Bible).

Our fight is against God's enemy, the devil. His greatest weapons are fear, doubt and misery.

Good news, you can stand firm if you believe in The Truth. The truth is: God loves you. He has a plan and a purpose for your life. Tie this truth around your waist like a belt.

When our hearts are polluted with wrongs or broken by hurts, we can be made new and strong. God welcomes us as we believe in his son, who died for us. God's righteousness becomes a breastplate protecting our hearts from pollution of the world.

If we know the good news about Jesus, then we should have our good news shoes on, ready to walk out and share it.

Once we have faith in God, knowing we are forgiven, saved and blessed by him; this is like a shield. Faith shields us from fear. With God's perspective we see beyond our circumstances, knowing the victory is ours because the battle belongs to the Lord.

Negative thoughts, leading to worry and doubt, attack our minds. Remembering we are saved by God's grace, is a helmet that protects our minds from these negative thoughts and lies.

Finally, God gives us an amazing gift: his word – The Bible. If you read it, it puts Truth into your minds. God's word is like a sword cutting through any opposition that faces us, with it's reliable, unshakable, life changing TRUTH.

Put on this armour every day then you will be ready for anything!

If you want someone to talk to or would like us to pray for you call: 01834 812839 / 01834 831533. New Life Christian Fellowship meet at Kilgetty Community Centre, 10.45am on Sundays, all are welcome.